Poster presentation at Physiology 2019 in Aberdeen, UK

I participated in the Physiology Society's annual meeting (Physiology 2019) held in Aberdeen, U.K. from July 7-10. I presented my poster, "Paracellular water and ion transport is unaffected in ILDR1 knockout mice" on July 9. This poster was a summary of the results of my first year of doctoral research. During the poster session, I talked with many scientists. I even found a fellow Canadian to talk to! In addition, my poster was chosen as a finalist for the poster competition. During the conference I had the opportunity to attend very interesting sessions about current popular topics in physiology.



It was very interesting to hear about the latest research and get insight into how veteran scientists think and create experiments. This is one of the great benefits of going to an international conference. I met many people from all over the world researching in physiology. I gained lots of inspiration from discussions with fellow scientists and from watching the sessions. I hope to be able to participate as a speaker at an international conference in the future. As this was my first experience presenting at an international conference, it was an important step in my career as a scientist. I'm excited to get back to my research and feel motivated by the inspiring scientists I met.

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